

# 10 WAYS TO PLAY IN SEPTEMBER

## 1 HAVE A MYSTERY FOOD TASTE TEST.

A grown-up can offer you some foods to try with your eyes closed. Can you guess the mystery foods?

## 2 START (OR ADD TO) A COLLECTION.

Rocks, buttons, stamps, coins, & beads are a few ideas to get you started. Try sorting your collection different ways, too.

## 3 RIP AND TEAR COLORFUL PAPER INTO PIECES.

Use the pieces to make a collage. You could glue the pieces or stick them to clear Contact paper.

## 4 MAKE SOMETHING WITH AN EGG CARTON.

## 5 MAKE YOUR OWN SNACK MIX.

Set out bowls of crackers, cereal, dried fruit, pretzels, etc. and create a custom snack mix.

## 6 PLAY "REPEAT MY RHYTHM."

Take turns creating rhythm patterns with claps, stomps, taps, clicks, or any other sound you can make. Can everyone follow along with your rhythm?

## 7 DRAW A TREE THAT IS IN YOUR YARD OR NEIGHBORHOOD.

## 8 SLEEP IN A DIFFERENT BED OR ROOM THAN YOU USUALLY DO.

## 10 SET-UP A PRETEND MUSEUM.

Your displays might include artwork, toys, or "artifacts" from around your house. Be creative and let your child give you the full tour!

## 9 HOW FAR CAN YOU JUMP?

Mark a starting line (tape or chalk), then jump as far as you can and mark it, too. Measure your long jump with a tape measure. Try again!

# HAPPY PLAYING!